

Dave Smith is an internationally recognized Buddhist meditation teacher, addiction treatment specialist, and published author. His background is rooted in the Insight Meditation tradition and he was empowered to teach through the Against the Stream Buddhist Meditation Society. He has extensive experience bringing meditative interventions into jails, prisons, youth detention centers and addiction treatment facilities. Dave teaches residential meditation retreats and classes, provides trainings and consulting in both secular and Buddhist contexts, and works with students through his meditation mentoring program. He recently founded Rebel Saint Dharma and lives in Paonia, Colorado.